

*******NO LIQUIDS CONTAINING RED DYES*******

You can Drink the following until Midnight prior to procedure:

BEEF OR CHICKEN BOUILLION SOUP
APPLE JUICE
WHITE GRAPE JUICE
WHITE CRANBERRY JUICE
JELLO OR POPSICLES
(Green/Yellow Only)
GATORADE (Yellow Only)
SODAS (SPRITE/MOUTAIN DEW/7UP)
Ginger Ale
WATER
FLAVORED WATER
Frozen Lemonade

Do not Eat or Drink the Following the day before/day of procedure:

No Coffee

No Tea

No Dark Carbonated beverages

No alcohol

No smoking

No Chewing Gum

No hard candy

You may resume a normal diet after procedure is completed unless physician says otherwise..

Medication Guidelines:



- Medications ***ALLOWED*** day of Procedure with a ***small sip of water 2 hours prior to arrival:***
 - Blood Pressure Medication
 - Heart Medication
 - Seizure Medication
 - Pain Medication
 - Breathing Medication

- Medications ***NOT ALLOWED*** day of Procedure:
 - Diabetic Medication/Insulin
 - All other medications prescribed or Over the Counter
- If you are on a Blood Thinner PLEASE contact PCP or Cardiologist for a clearance on Medication for ***5 days prior to procedure.***
 - Example: Aspirin, Plavix, Eliquis, Coumadin, etc.